

Judy SINGER

Abbreviated Academic Curriculum Vitae 2009-November 2013

CURRENT APPOINTMENT

Research Fellow, Centre of Rural Health (UCRH), University of Sydney, since 2013

NATIONALITY: Australian

LANGUAGE: English – proficient

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QUALIFICATIONS

2008 **Doctor of Philosophy**, Southern Cross University, Lismore, NSW, Australia.

2003 **Masters Qualifier**, College of Indigenous Australian Peoples, Southern Cross University, NSW.

1990 **Diploma of Applied Science** (Naturopathy), Southern School of Natural Therapies, Melbourne, Victoria, Australia

AWARDS

2012 Bernard Lake Award, University of Sydney for significant original work in complementary medicine.

AREAS OF EXPERTISE

Naturopath for 20 years; including 10 years as Coordinator, complementary therapies program, Foundation House (Victorian Foundation for Survivors of Torture). Qualitative research skills, especially focus groups and face-to-face interviewing and its analysis.

EMPLOYMENT HISTORY

2013- **Research Fellow**, UCRH, University of Sydney. Qualitative component on various research projects investigating chronic and mental health.

2009-2013 **Research Officer**, UCRH, University of Sydney.

2010-2011 **Policy Officer**, Sanctuary Northern Rivers. To develop an administrative framework for the coordination and management of volunteers.

2007-2010 **Facilitator**, African Women's Group, Sanctuary Northern Rivers, Lismore, NSW. Duties include co-establishing and conducting a well-being group for newly arrived African refugee women.

PROFESSIONAL MEMBERSHIP

1988-Current National Herbalists Association of Australia

PUBLICATIONS

Peer Reviewed Journal articles

Singer J, Adams J. An exploratory study of the health service managers role in providing effective integrative health care. *European Journal of Integrative Medicine*. 2013;5:27-35.

Longman J, Passey **M**, **Singer J**, Morgan G. The role of social isolation in frequent and/ or avoidable hospitalisation: rural community based service providers' perspectives. *Australian Health Review*. 2013;37(2): 223-31.

Singer J, Adams J. The place of Complementary Therapies in an integrated model of refugee health care: Counsellors' and refugee clients' perspectives. *Journal of Refugee Studies*. 2011;24(2):351-75.

Longman J, **Singer J**, Gao Y, Barclay L, Passey M, Pirotta J, et al. Community based service providers' perspectives on frequent and/or avoidable admission of older people with chronic disease in rural NSW: a qualitative study. *BMC Health Services Research*. 2011;11:265.

Reports

Singer J, Conway J. (2013) Disadvantaged Communities Initiative: Improving healthcare access in the Northern Rivers – Reporting the first 12 months, Lismore: University Centre for Rural Health and North Coast Medicare Local.

Singer J. (2012) Complementary and Alternative Medicine in Primary Healthcare. In: Snapshot of Australian Primary Healthcare Research, Primary Health Care Research Information Service p. 4-5.

Bennett-Levy J, Battersby M, **Singer J**. (2009) The beyondblue improving access to psychological therapies project: Taking the next steps. Melbourne: beyondblue

CONFERENCE PRESENTATIONS

Refereed Conference Papers

Singer J. What is the role of health service managers in providing effective integrative healthcare: findings from a small qualitative study. *National Herbalists Association of Australia 8th International Conference*: Melbourne 2013.

Singer J, Adams J, Adams J, Integrating complementary and alternative medicine into mainstream health care: an empirical study of seven health care services in Australia. *International Research Congress on Integrative Medicine and Health Congress*; 2012 Portland, Oregon, USA.

Published as: *BMC Complementary and Alternative Medicine* 2012;12(Suppl 1):P390

Singer J, Adams J. A study of complementary therapies and counselling: an integrative model for refugee health care'. *International Research Congress on Integrative Medicine and Health Congress*, Portland, Oregon, USA

Published as: *BMC Complementary and Alternative Medicine* 2012;12(Suppl 1):P368

Singer J. Complementary therapies and counselling: An integrated model for refugees. *Reconnexions Annual National Anxiety and Depression Conference*, Melbourne 2011.

Singer, J. Complementary therapies and counselling: An integrated model for refugee health care. *Research in the field of Integrative Medicine. The Australian Integrative Medicine Association 17th International Integrative Medicine Conference*: Sydney 2011

Singer J, Bennett-Levy J, Battersby M, Ewald D. Consumer and health professionals' perspectives on low intensity (LI) guided self-help interventions: Preliminary focus group findings. *Rural Health Colloquium*; Ballina, NSW 2009.

Other Presentations

Singer, J. Complementary therapies in primary health care: A pilot scoping study. Integrative Primary Health Care Seminar; *Integrative Medicine Education and Research (IMER) Group*. Monash University, Melbourne, November 2013

Singer, J. Integrating complementary therapies into mainstream health care: Perspectives of Health Service Managers'. *The Science, Art and the Business of Medicine Conference. A conference for GPs, GP supervisors, GP registrars, nurses, allied health professionals and students*: Kingscliff August 2013

Singer J. The place of natural therapies in refugee health care in Western countries of resettlement, presented to: *Boston Centre for Refugee Health and Human Rights*, Boston, USA, 2010 and the *Medical Foundation for the Care of Victims of Torture*, London, UK, 2010

Singer J. The place of natural therapies in refugee health care in Western countries of resettlement, *Rehabilitation and Research Centre for Torture Victims (RCT)*, Copenhagen, Denmark, June 2010.

Singer J. 'She made it feel like I'm in my home': Natural therapies and 'place making' in refugee health care. The Idea of Home Symposium, School of History and Philosophy, University of New South Wales, NSW 2010.

TEACHING

2010 'Refugee women survivors of torture and trauma: how do they experience Western naturopathic treatments?' guest lecture to final year Bachelor of Clinical Sciences (naturopathy), Southern Cross University